

Winter 2022

Make it a season of
Personal Growth

EVERYONE Groups

Financial Peace University

FPU provides practical instruction on getting out of debt, budgeting, saving for emergencies, retiring with dignity, and giving generously. In addition to the course, you get an annual membership to the FPU website that gives you access to additional resources and tools.

Monday:	6:30-8:00 pm	Location:	FCF Church
Leader:	Tom Koontz	Length:	Jan. 31 (9 weeks)
Group Limit:	12	Childcare:	YES

Register at: <https://www.ramseysolutions.com/ramseyplus/classes/1145216>

Discipleship Training Program

Growth occurs through effort to learn and develop. It's not about trying, but through training that we grow and mature. This program will give you a solid training foundation that will help you reach your full redemptive potential in Christ.

Thursday:	7:00 – 8:30 pm	Location:	FCF Church
Leader:	Joan Heft	Length:	Feb. 10 (21 weeks)
Group Limit:	15	Childcare:	YES

Message Groups

These groups meet for the length of the semester to discuss the previous Sunday morning message. Guided by questions, this casual format is a great way to meet others as you share, learn and grow in community.

Monday:	6:30-8:00 pm	Location:	FCF Church & Zoom	Leader:	Joshua Williams	Length:	ongoing
Group Limit:	None	Childcare:	Yes				

Estos grupos se reúnen durante todo el semestre para discutir el mensaje de la mañana del domingo anterior. Guiado por preguntas, este formato informal es una excelente manera de conocer a otros mientras compartes, aprendes y creces en la comunidad.

Jueves:	7:00 - 8:30 pm	Ubicación:	En la Iglesia
Líder:	Maggie Cruz	Duración:	Continuamente
Límite de grupo:	Sin limite	Cuidado de niños:	si

Stephen Ministry Training

Stephen Ministers train to provide high quality, one to one, Christ-centered care to people in the congregation and the community experiencing life difficulties.

Monday:	6:30-8:30 pm	Location:	FCF Church
Leader:	Pastor Christine Hickle	Length:	Jan. 31 (20 weeks)
Group Limit:	None	Childcare:	YES

FCF will purchase materials: Cost is \$25. Pay at first session.

Starting Point

Everything in life has a starting point, **even YOUR FAITH**. For some of us, our faith journeys began in childhood, where a set of beliefs was handed down and instilled in us. But often, the faith formed in our childhood isn't strong enough to withstand the pressures of our adult life. What if you could find a NEW starting point for faith? Whether you're new to faith, curious about God, or coming back to church after some time away, it's a place where your opinions and beliefs are valued, and no question is off-limits.

Wednesday:	6:30-8:00 pm	Location:	FCF Church
Leader:	Lisa Caponiti	Length:	Feb. 2 (8 weeks)
Group Limit:	12	Childcare:	YES

Material to purchase: *Starting Point Study Guide* by Andy Stanley. Available on Amazon and Christianbook.com

God's Crime Scene

Dive into one of the most meaningful and challenging questions: Does God exist? In this group you will develop an investigative skill set to defend and explain the existence of God, similar to what a detective would use to solve a homicide case.

Wednesday:	6:30-8:00 pm	Location:	FCF Church
Leader:	Ross Gosnell	Length:	Feb. 2 (8 weeks)
Group Limit:	12	Childcare:	YES

Material to purchase: *God's Crime Scene Participant's Guide* by J. Warner Wallace. Available on Amazon and Christianbook.com

Acts: The Message of Jesus in Action

Acts: The Message of Jesus in Action, part of the *Bringing the Bible to Life* series, explores both the historical meaning of the biblical text and its contemporary significance. Acts provides a journey through the biblical book and assists you and your group in responding to God's Word.

Wednesday:	6:30-8:30 pm	Location:	Walkersville
Leaders:	Steve & Cindy Williams	Length:	Feb. 2 (12 weeks)
Group Limit:	12	Childcare:	No

Book of John

Join this group meeting in the home to share some food together before diving into a traditional style Bible study of the book of John. Connect with others and you learn more about God's Word and how it applies to your life.

Friday:	7:00-9:00 pm	Location:	Middletown
Leaders:	Steve & Rhonda Barmoy	Length:	Feb. 4 (ongoing)
Group Limit:	None		

SUPPORT Groups

Stephen Ministry Training

Stephen Ministers train to provide high quality, one to one, Christ-centered care to people in the congregation and the community experiencing life difficulties.

Monday:	6:30-8:30 pm	Location:	FCF Church
Leader:	Pastor Christine Hickle	Length:	Jan. 31 (20 weeks)
Group Limit:	None	Childcare:	YES

FCF will purchase materials: Cost is \$25. Pay at first session.

DivorceCare

Most people will tell you that separation and divorce are the most painful and stressful experiences they've ever faced. DivorceCare helps you face these challenges and move toward rebuilding your life. You'll learn helpful, practical information that is biblically based. And you will have the opportunity to connect with others who understand what you're going through. Some of the discussions include:

- How to deal with anger, depression, and loneliness
- How to handle your finances
- Minimizing the effects of divorce or separation on your children
- Post divorce: How to navigate the dating world in a healthy way.

You don't have to go through it alone!

Tuesday:	7:00 – 8:30 pm	Location:	FCF
Leaders:	Robert & Stephanie Bergwall	Length:	Feb. 1 (13 weeks)
Group Limit:	None	Childcare:	Yes

FCF will purchase materials: Cost is \$20. Pay at first session.

GriefShare

GriefShare provides support to individuals who are journeying through grief following the death of someone they love. Using grief education, group support and materials, the group will share in the learning and healing process of grief. *This group continues year-round and is open for anyone to attend at any time.*

Thursday:	7:00 – 8:30 pm	Location:	Zoom
Leaders:	Patty Milstead & Sandy Maples	Length:	ongoing
Group Limit:	None	Childcare:	N/A

FCF will purchase materials: Cost is \$20. Pay at first session.

DisHeartened

You're worn out and discouraged. You never thought your marriage would be like this - criticism, disrespect, indifference. You want something better, but it just doesn't seem possible. It IS possible. It CAN be better. Discover how you can initiate effective changes to stop the destruction of your marriage. Disheartened groups are confidential.

To learn more, email disheartened@fcfchurch.com

WOMEN'S Groups

Freedom Group

This Freedom Group will build on the foundation of your faith in Christ to help you embrace the truth of God's Word as it relates to your worldview, your past, your sin, your personal value to God, and your purpose in His Kingdom. This group will equip you to live the victorious life as you remove every obstacle to intimacy with God and walk in true freedom.

Monday: 7:00-8:30pm
Leader: Brandi Stuart
Group Limit: 10

Location: Urbana
Length: Jan. 31 (12 weeks)
Childcare: None

FCF will purchase materials:
Cost is \$20. Pay at first session.

Get Out of Your Head: Stopping the Spiral of Anxious Thoughts

Are your thoughts holding you captive? Do you know what it's like to swirl in a spiral of destructive thoughts such as, "I'll never be good enough." If you have struggled with anxious thoughts and are ready to learn new ways to change the way your brain reacts to situations and circumstances, this group is for you!

Tuesday: 7:00-8:30 pm
Leader: Annette Hyslop
Group Limit: None

Location: Zoom
Length: Feb. 1 (7 weeks)
Childcare: N/A

Material to purchase:
Get Out of Your Head Study Guide by Jennie Allen. Available on Amazon and Christianbook.com

Twelve More Women of the Bible

It's not easy being a woman in today's world. The demands and expectations you face can be overwhelming. And deep within, there is a longing to meet with God and be changed in his presence. In this study you'll meet twelve biblical women who encountered God, and whose lives were forever changed.

Wednesday: 6:30-8:00 pm
Leader: Cindy Journell-Hoch
Group Limit: None

Location: Zoom
Length: Feb. 2 (12 weeks)
Childcare: N/A

Material to purchase:
Twelve More Women of the Bible Study Guide. Available on Amazon and Christianbook.com

The Chosen – Season 2

This interactive study for the TV series *The Chosen – Season 2* allows you to delve more deeply into each episode as you explore the life of Jesus. You'll come to realize that you are called, cherished and carried; have been made new and established; are now his witness; and more!

Wednesday: 6:30-8:00 pm
Leaders: Heather Churchey/ Becky Althoff
Group Limit: 20

Location: FCF
Length: Feb. 2 (12 weeks)
Childcare: YES

Material to purchase:
Blessed Are the Chosen: An Interactive Bible Study, Season 2. Available on Amazon and Christianbook.com

Stuck

We are often so stuck in invisible struggles in our hearts and minds, we barely have space for God. These deep struggles, these stuck places, are familiar to every one of us: brokenness, anger, discontentment, fear, and sadness. This study takes on these struggles within us so that we can encounter God and not miss out on what He has for us.

Friday: 10:30 am - 12:00 pm
Leader: Jennifer McNally
Group Limit: 8

Location: Whittier
Length: Feb. 4 (8 weeks)
Childcare: None

Material to purchase: *Stuck Participant's Guide* by Jennie Allen. Available on Amazon and Christianbook.com

MEN'S Groups

Message Group

This group meets to discuss the previous Sunday morning message. Guided by questions, this casual format is a great way to meet others as you share, learn and grow in community.

Wednesday:	6:30-8:00 pm	Location:	FCF
Leader:	Matt Hull	Length:	ongoing
Group Limit:	None	Childcare:	No

Not by Sight: A Fresh Look at Old Stories of Walking by Faith

Believing is hard---and our circumstances can easily tempt us to doubt God's promises. Highlighting the Lord's trustworthiness in his encounters with King David, Zacchaeus, the apostle Peter, and others, this study offers imaginative reflections on 35 Bible stories along with practical applications to help you rest in God's faithfulness---no matter the situation!

Wednesday:	7:00 – 8:30 pm	Location:	Jefferson
Leader:	Vernon Robinson	Length:	12
Group Limit:	12	Childcare:	No

Material to purchase: *Not by Sight: A Fresh Look at Old Stories of Walking by Faith* by Jon Bloom, Jon Piper. Available on Amazon and Christianbook.com

Young Adults & Youth

Young Adults Ministry

The Young Adults Ministry is a group for those ages 18 to 25. The group meets year-round, every Thursday, and is focused on building community and helping young adults to deepen their faith. They begin a study of 1 & 2 Samuel on February 3rd.

Thursday:	7:00 – 9:00 pm	Location:	FCF North Building
Leaders:	Dillon & Bethany Gosnell	Length:	ongoing
Group Limit:	None	Childcare:	Yes

Material to purchase: *1 & 2 Samuel, LifeChange Bible Study*. Available on Amazon and Christianbook.com

Youth – Disciples of Christ

D.O.C. is a midweek program where **middle and high schoolers** can meet to grow their faith in Jesus. Middle schoolers meet in the Fusion room and high schoolers meet in the Velocity room of the North building. The last Tuesday of each month, they combine for a fun event called MOVEMENT.

Tuesday:	7:00 – 9:00 pm	Location:	FCF North Building
Length:	Feb. 1 – May 24		